

# NATIONAL RESOURCES

## Legal

- **Female to Male (FTM) International**  
[www.ftmi.org](http://www.ftmi.org)  
877-267-1440  
Email: [info@ftmi.org](mailto:info@ftmi.org)  
*Serves the Female-to-Male community by providing support meetings for FTMs and their families in cities around the world.*
- **National Center for Transgender Equality (NCTE)**  
[www.transequality.org](http://www.transequality.org)  
Phone: 202-642-4542  
Email: [ncte@transequality.org](mailto:ncte@transequality.org)  
*National social justice organization devoted to ending discrimination and violence against transgender people through education and advocacy on national issues of importance to transgender people.*
- **Transgendered American Veterans Association (TAVA)**  
[www.tavausa.org](http://www.tavausa.org)  
*Formed to address the growing concerns of fair and equal treatment of transgender veterans and active duty service members.*
- **Transgender Law Center (TLC)**  
[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)  
510.587.9696  
Email: [info@transgenderlawcenter.org](mailto:info@transgenderlawcenter.org)  
*California-based civil rights organization advocating for transgender communities. TLC utilizes direct legal services, public policy advocacy, and educational opportunities to advance the rights and safety of diverse transgender communities.*
- **Servicemembers Legal Defense Network**  
[www.sldn.org](http://www.sldn.org)  
[info@modernmilitary.org](mailto:info@modernmilitary.org), 202.328.3244  
*Supports, defends and empowers LGBT service members, veterans and their families; mission is to strengthen military culture by securing equal opportunity, equal protection and equal benefits, without threat of harassment or discrimination, for LGBT service members and veterans.*
- **Ruby's List**  
<https://www.rubyslists.com/>  
872-221-2081  
*This web site provides LGBT+ friendly adoption services and support information nationwide.*

# NATIONAL RESOURCES

- **Human Rights Campaign (HRC)**

[www.hrc.org](http://www.hrc.org)

*America's largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality; works to secure equal rights for LGBT individuals and families at the federal and state levels by lobbying elected officials, mobilizing grassroots supporters, educating Americans, investing strategically to elect fair-minded officials and partnering with other LGBT organizations.*

- **Immigration Equality**

[www.immigrationequality.org](http://www.immigrationequality.org)

*National grass roots organization that works to end discrimination in U.S. immigration law, to reduce the negative impact of that law on the lives of lesbian, gay, bisexual, transgender and HIV-positive people, and to help obtain asylum for those persecuted in their home country based on their sexual orientation, transgender identity or HIV-status.*

- **Gay & Lesbian Alliance Against Defamation: TRANSGENDER**

<http://www.glaad.org/transgender/resources>

Trans 101: <http://www.glaad.org/transgender/trans101>

*Dedicated to promoting and ensuring fair, accurate and inclusive representation of people and events in the media as a means of eliminating homophobia and discrimination based on gender identity and sexual orientation.*

- **Workplace Advocates: Out & Equal**

<http://outandequal.org/>

hello@outandequal.org

- **The Trevor Project**

24/7 crisis support for LGBTQ+ youth

<https://www.thetrevorproject.org/get-help/>

Helpline: 1-866-488-7386

Text "START" to 678-678 for anonymous text counselling  
*Crisis counselling and assistance for harassment*

- **American Civil Liberties Union (ACLU)**  
<https://www.aclu.org/know-your-rights/>  
 LGBT & Aids Project: <https://www.aclu.org/about-aclu-lesbian-gay-bisexual-transgender-aids-project>
- **National Association of Social Workers (NASW)**  
<https://www.socialworkers.org/>
- **Help Starts Here**  
<https://www.helpstartshere.org/?p=1610>
- **Sylvia Rivera Law Project**  
<http://srlp.org/>  
 212-337-8550  
 Email: [info@srlp.org](mailto:info@srlp.org)
- **TransYouth Family Allies**  
 888-462-8932  
<http://www.imatyfa.org/>
- **OutServe-Servicemembers Legal Defense Network (SLDN)**  
 P.O. Box 65301  
 Washington, DC 20035  
<http://www.outserve-sldn.org>  
 OutServe-Servicemembers Legal Defense Network has represented the United States Lesbian, Gay, Bisexual and Transgender (LGBT) service member and veterans effected by Don't Ask Don't Tell worldwide.
- **TruVoice Vocal Development**  
[ryland@rsvocalcoach.com](mailto:ryland@rsvocalcoach.com)  
 646-498-3466  
<https://www.truevoicevocaldevelopment.com/>  
 We offer online voice training for the transgender community. We offer voice feminization and masculinization - all genders are welcome! We also offer singing and piano lessons. Unlock Your TruVoice!
- **Defining Wellness Centers**  
 BIPOC Mental Health and Addiction Guide - <https://definingwellness.com/resources/bipoc-addiction-resources/>  
 833. DWC.WELL  
[www.definingwellness.com](http://www.definingwellness.com)

## ***Education/Community Support***

- **Tri-ESS National**  
<http://www.tri-ess.org/>  
 Email: [JEFTRIS@aol.com](mailto:JEFTRIS@aol.com)  
 Educational, social and support group for heterosexual crossdressers, their partners, the spouses of married crossdressers and their families. Expressing both the masculine & feminine sides of self.
- **PFLAG Parents and Friends of Lesbians and Gays**  
 Phone: 202-467-8180

Website: <http://community.pflag.org/>, Email: [info@pflag.org](mailto:info@pflag.org)  
*Highly active in educating and advocating for transgender needs.*

- **Connected Coaching & Counseling**  
 303 S Babcock St #102, Melbourne, FL 32904, 321-280-6508  
[contact@StephanieSteenTherapy.com](mailto:contact@StephanieSteenTherapy.com), [www.StephanieSteenTherapy.com](http://www.StephanieSteenTherapy.com)  
 Mental Health Services for LGBT teens and their families. Parent coaching available nationwide.
- **LGBT Wellness Summit**  
 PO Box 3418, Sedona, AZ 86340, 480-788-1326  
[lisa@lisamoorelgbt.com](mailto:lisa@lisamoorelgbt.com), <http://lgbtwellnesssummit.com>  
 It is free to register. <http://lgbtwellnesssummit.com/order/> We want the trans community aware of this amazing summit, airs for the one year Orlando tragedy. You can be affiliate, 50% pay back. Lisa
- **Dr. Kristie Overstreet**  
 18821 Delaware St, Suite 208, Huntington, CA 92648, 904-566-9256  
[Kristie@TherapyDepartment.com](mailto:Kristie@TherapyDepartment.com), [www.TherapyDepartment.com](http://www.TherapyDepartment.com)  
 Video counseling Florida, Georgia, and Louisiana. HRT and gender confirming surgery letters. Assistance with gender marker letters and name changes. Free transgender virtual support group.

## **Medical**

- **World Professional Association. For Transgender Health (WPATH)**  
 Phone: 612-624-9397  
 Website: <http://www.wpath.org/>, Email: [wpath@wpath.org](mailto:wpath@wpath.org)
- **Out of State Surgery Provider**
- **Dr. John Taylor**  
 194 Highway 35, Red Bank, N.J. 07701  
 732-707-1932  
[www.allurenj.com](http://www.allurenj.com)
- **HealthLabs.com**  
 5821 Southwest Fwy, Houston, TX 77057  
[christopher@medology.com](mailto:christopher@medology.com), 1-800-579-3914  
[www.healthlabs.com/anti-aging-hormones-testing](http://www.healthlabs.com/anti-aging-hormones-testing)
- **HealthyTrans**  
<https://www.healthytrans.com/>  
 Great website with lots of good info on FFS, Top, and GRS info as it pertains to insurance and much more.
- **Sunshine Behavioral Health**  
<https://www.sunshinebehavioralhealth.com/>

## **Recommended Out-of-State Gender Confirmation Surgery Providers**

- **Dr. Toby R. Meltzer M.D.**  
 480-657-7006  
 Toll Free: 866-876-6329 (TRM-MDAZ)

<https://themeltzerclinic.com/>  
Email: [info@themeltzerclinic.com](mailto:info@themeltzerclinic.com)

- **Dr. Marci Bowers, M.D.**  
(650) 570-2270  
[www.marcibowers.com](http://www.marcibowers.com)  
Email: [mail@marcibowers.com](mailto:mail@marcibowers.com)
- **Crane Center for Transgender Surgery**  
415-625-3230 (California)  
512-446-9486 (Austin, TX)  
[www.cranects.com](http://www.cranects.com)
- **Dr. Toby G. Mayer, M.D.**  
Beverly Hills Institute of Aesthetic & Reconstructive Surgery  
(424) 245-4156  
<https://www.drtozymayer.com/>  
Email: [info@drtozymayer.com](mailto:info@drtozymayer.com)
- **Dr. Maureen Whelihan, MD FACOG**  
6801 Lake Worth Rd #100W, Greenacres, FL 33467  
(561) 965-9559  
<https://mygynpractice.com/>

## NATIONAL REQUIREMENTS

### *Updating Your U.S. Passport*

#### Identification Requirements for Gender Reassignment Applicants for US Passport

If you are in the process of or have completed gender reassignment, please note:

- The ID you present with your application must accurately reflect your current appearance (see ID photocopy requirements on Step 4 of the previous page).
- The passport photo submitted with your application must accurately reflect your current appearance.
- In order to have the passport issued in your new gender, you must submit a physician certificate with your application that validates whether your gender transition is in process or complete.
- Requirements for all elements of the passport application aside from gender still apply, including evidence of legal name change (if applicable).

If a physician certifies that your transition is complete, you are eligible for a full validity ten-year passport. The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician's full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate
- Drug Enforcement Administration (DEA) registration number assigned to the physician
- Address and telephone number of the physician
- Language stating that he/she is your attending physician and that he/she has a doctor/patient relationship with you
- Language stating you have had appropriate clinical treatment for gender transition to the new gender (male or female)
- Language stating "I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct"

If a physician certifies that your transition is in process, you are eligible for a limited validity two-year passport.

The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician's full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate

A limited passport book can be extended to the full ten-year validity book with no additional fee by submitting Form DS-5504 within two-years of the passport issue date.

### ***Updating Your Social Security Information***

Follow this link to the SSA website which will show all info needed for Social Security Administration:

<https://secure.ssa.gov/poms.nsf/lnx/0110212200>

The SSA policy now permits a transgender person to change their gender marker upon submission of one of the following types of documents:

- A letter from the person's doctor confirming that the person has undergone "appropriate clinical treatment for gender transition";
- A full-validity, 10-year U.S. passport that includes the person's correct gender;
- A state-issued birth certificate that shows the correct gender; or
- A court order recognizing the person's gender.

## Example Certification from Attending Physician

(Attending Physician's Official Letterhead)

I, (physician's full name), (physician's medical license or certificate number), (issuing State of medical license/certificate), (DEA Registration number), am the attending physician of (name of patient), with whom I have a doctor/patient relationship.

(Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender male or female).

Or

(Name of patient) is in the process of gender transition to the new gender (specify new gender male or female).

I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct.

Signature of Physician

Typed Name of Physician

Date

## Sample Letter 2 from Licensed Physician

(Physician's Address and Telephone Number)

I, (physician's full name), (physician's medical license or certificate number), (issuing U.S. State/Foreign Country of medical license/certificate), am the physician of (name of patient), with whom I have a doctor/patient relationship and whom I have treated (or with whom I have a doctor/patient relationship and whose medical history I have reviewed and evaluated). (Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender, male or female).

I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct.

Signature of Physician

Typed Name of Physician

Date